## PRESCRIPTION REFILL POLICY

DRV MEDICAL INC.

Cindy Granados, Office Manager/Privacy Officer Telephone Number: 310-651-9017 Effective Date: December 1, 2023

Having a Prescription Refill Policy is crucial for our medical practice to ensure the safe and effective management of your health. This policy helps maintain a structured and reliable approach to medication refills, allowing healthcare providers to review your medical history, monitor ongoing conditions, and make informed decisions about prescription renewals.

The Prescription Refill Policy also enables us to adhere to best practices in medication management, preventing potential risks associated with incorrect dosages, drug interactions, or the continuation of medications that may no longer be necessary. By implementing this policy, we aim to prioritize your well-being, optimize treatment outcomes, and uphold the highest standards of patient safety and care.

- If you need a refill, instead of reaching out to your pharmacy, reach out to us directly. This will eliminate an unnecessary part in the communication chain and speed up the refill process.
- Please allow us 24-48 business hours for your refill
- No medication will be filled with "unlimited" or "standing" refills
- Non-controlled medications: 3-6 refills
- Controlled sleep medications (e.g. Ambien, Lunesta): 2 refills
- Benzodiazepines (e.g. Xanax, Ativan): 2 refills
- Opioids / narcotics: 0 refills
- Controlled ADHD medications: 0 refills
- GLP-1 weight loss medications (Wegovy, Ozempic, Rybelsus):
  - Titrating phase: 0 refill (requires monthly visits)
  - Maintenance phase: 2 refills (requires every 3-months visits)

Medications are for the prescribed person's use only. It is against the law to share or sell your medications.

If you happen to exhaust your medication due to a missed follow-up visit for a refill, your provider may extend a courtesy refill of a limited supply to your

pharmacy. This is done to prevent any interruption in your treatment and ensures that you can undergo evaluation to confirm the safety and effectiveness of the medication before your next scheduled refill.

Prescriptions for new medical conditions or symptoms cannot be issued without a thorough in-office or televisit evaluation, even if a previously effective medication is perceived. This protocol is in place to prioritize your health and safety by ensuring accurate diagnoses and appropriate treatments.

For medications related to travel, such as antibiotics or antimalarials, a visit is required before prescribing to guarantee your safety and provide an opportunity for discussing all CDC-recommended medications and vaccines for your specific travel destination. It's important to note that our providers are committed to documenting the rationale for each prescription in your visit notes, maintaining transparency and accountability in your healthcare.

We sincerely appreciate your understanding and cooperation with our Prescription Policy. Your commitment to these guidelines ensures that we can provide you with the highest level of care, prioritizing your health and safety. If you have any questions or concerns, please don't hesitate to reach out.

**DrV Medical Team**